



How to install VMware Workstation 7.0 thru 7.1

Introduction: VMware Workstation 7.0 or 7.1 (hereafter referred to as just VMware) is a software program that allows you to install and use multiple operating systems, such as Windows 7 Professional, on an existing computer that already has an installed and functioning operating system. The operating system(s) installed through VMware are called virtual PCs. VMware can be installed on multiple operating system platforms such as Windows and Linux. A similar VMware product called VMware Fusion can be installed on a Mac.

If your program degree is Networking/Unified Communications Specialist then you will be using VMware throughout most of your networking classes to perform hands-on lab activities. If you are not a Networking student but are enrolled in one of the other IT programs or the Business Management program you will be required to **use** VMware for the hands-on lab activities that you will complete in the Principles of Information Security class which you are required to take. In either case, Northcentral Technical College (NTC) already has VMware installed on their lab computers. Therefore, if you are able to attend all of your information technology classes on campus and perform your lab work on one of NTC's lab computers, you do not need to install VMware on your home computer. Obviously, if you are taking a class on-line or wish to do your lab assignments at home, then you will need to install VMware on your home computer.

Prerequisites: The installation of VMware requires that you have a software serial number. NTC will provide you with this serial number, which will last for a period of one year. These instructions will assume that you do not have this serial number; therefore there will be instructions on obtaining this number.

You are also required to have a working, updated Windows operating system such as Windows 7 or Linux operating systems such as Fedora. These instructions will be based on installing VMware on Windows 7.

Instructions: This is a step-by-step guide. You are advised to perform the exercises precisely as indicated. Please read and follow the following installation steps closely.

SECTION 1: OBTAIN THE VMWARE SERIAL NUMBER.

Please follow these steps in the sequence shown:

1. Visit your NTC Student email and look for a message from **Northcentral Technical College - IT Networking**. It should look like the email show in the image below.

An account has been created for you

Inbox x

Northcentral Technical College - IT Networking noreply@e
to me ▾ 9:43 PM (0 minutes ago) ☆

** This is an automated message -- please do not reply as you will not receive a response. **

Welcome,

An account has been created for you that provides access to academically priced software at significant savings.

Complete Your Registration:
<http://e5.onthehub.com/d.ashx?s=3bvzudel84&u=bf6aab87-1838-e111-8d82-f04da23e67f6>

If you experience problems clicking the link above, please try copying and pasting the entire link into a browser.

Once you have completed the registration process you can begin shopping.

For help go to:
<http://e5.onthehub.com/d.ashx?s=1ymvfzfm>

Thank you,

2. Click on the first **e5.onthehub.com** link shown in your email to complete the registration of your account. Your registration form will look like the image below.

Home | Your Account | Help | Product Search | Sign In | English |

Northcentral Technical College - IT Networking

Students Faculty/Staff

Account Registration

Last Name* First Name*

Username (email address)*

Email Address*

I would like to receive special offers and promotions from e-academy Inc. and its partners

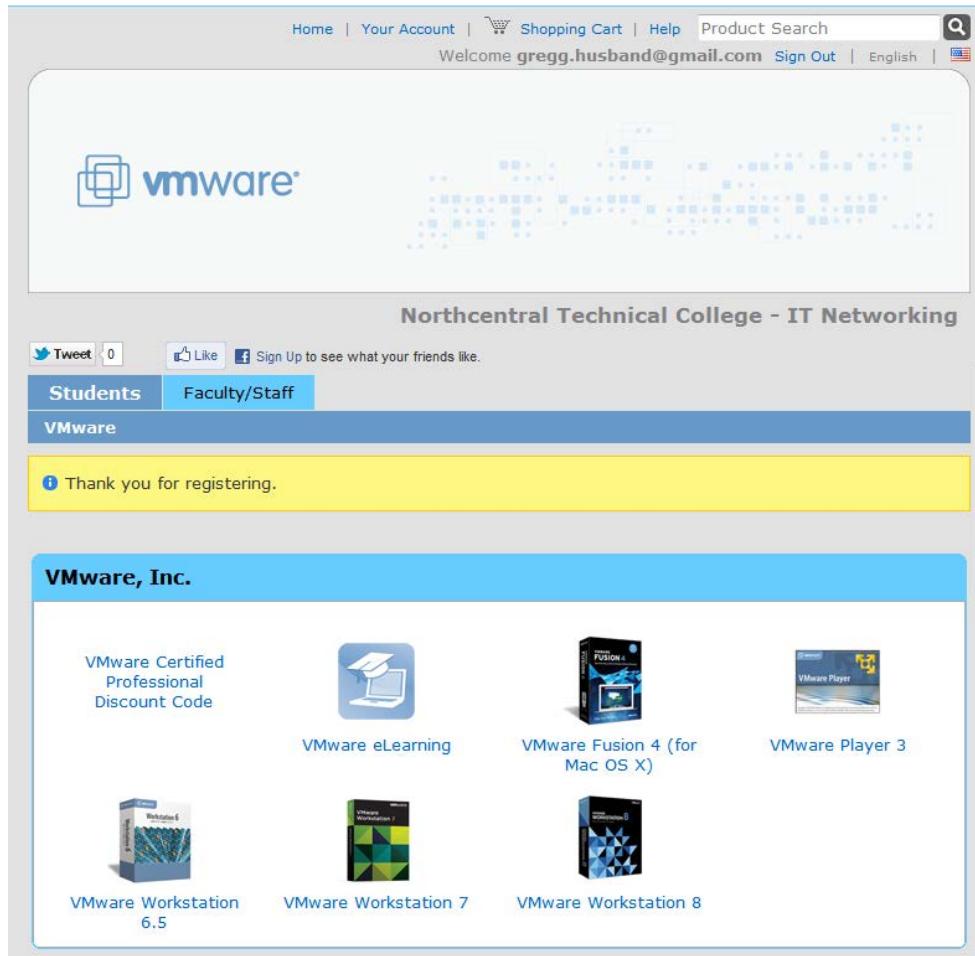
Choose a Password*

Password must be at least six characters long.

Confirm Password*

Must match the password above.

3. Enter your Last Name, First Name and a password. When finished, click **Register**. After you click Register, you should automatically be signed on and ready to continue. Your screen should look like the image below. **Note: remember your password, because you may have to login again at a later date to retrieve your serial number.**



Home | Your Account | Shopping Cart | Help | Product Search | Welcome gregg.husband@gmail.com | Sign Out | English | 

VMware

Northcentral Technical College - IT Networking

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Students **Faculty/Staff**

VMware

i Thank you for registering.

VMware, Inc.

VMware Certified Professional Discount Code

VMware eLearning

VMware Fusion 4 (for Mac OS X)

VMware Player 3

VMware Workstation 6.5

VMware Workstation 7

VMware Workstation 8

4. Since you are interested in VMware Workstation 7, click on that icon. It should take you to a screen that looks like the image below.

The screenshot shows a web browser displaying the VMware website. At the top, there is a navigation bar with links for Home, Your Account, Help, Product Search, Sign In, English, and a language selection icon. The main content area features the VMware logo and a background image of a server rack. Below this, the text "Northcentral Technical College - IT Networking" is displayed. A navigation menu bar includes "Students" (which is selected and highlighted in blue), "Faculty/Staff", and "VMware". The main content area is titled "VMware Workstation 7". It features a product image for "VMware Workstation 7 for Windows" and a brief description: "From the creator of PC virtualization comes the most reliable, secure way to run multiple operating systems at the same time. Winner of more than 50 industry awards, VMware Workstation transforms the way professionals and students develop, test, demo, and deploy software. VMware Workstation is an integral component of anyone's toolkit." Below the description are two buttons: "Windows" and "Linux". A "Download" section follows, with a link to "VMware Workstation 7 for Windows". It indicates that the item is "Free" and shows a quantity selector set to "1" with an "Add To Cart" button. A note below states: "You will be able to place an order for this product again in 12 months after the initial order. The license you will receive with this offering is valid 12 months starting with the 1st of the month the offering was ordered." At the bottom of the page, there are links for Privacy Policy and Safe Shopping, along with logos for VeriSign Trusted, OnTheHub network, e-academy, and social media icons for Facebook, Twitter, RSS, and YouTube. The footer also includes the text "v3.5.3828.5 (P2379111)".

5. Click **Add to Cart**. You should then get a screen that looks like the image below.

6. Click **Check Out**. You should then get a screen looking like the image below.

7. Scroll down and click **I Accept**. On the screen that follows, click **Proceed with Order**.
8. The final screen will be your **Receipt** and will show you what your serial number is in the Items box. I would suggest copying this serial number into a word document for future reference. Keep this screen open for the next section. See image below.

[Messages](#) [Order](#) **Receipt**

Info Your order has been placed and a confirmation email will be sent to you shortly. You may wish to print this page for your records. Detailed information about all of your orders can always be found under [Your Account](#).

Order Summary

Order Date: 2012-01-05 9:52 PM
 Central Standard Time

Order Number: 100052257984

Order Information

Name: Gregg Husband
 Email: gregg.husband@gmail.com

Items All prices are in US Dollars

VMware Workstation 7 for Windows - Download

Extended Access Guarantee (24 months) - Included
 24 months of access to your download and/or key
 Expires 2014-01-05

Serial Number: [View](#) [Edit](#)

Messages:

- [VMware EULA](#)

Start Download

Quantity	Unit Price	Amount
1	\$0.00	\$0.00

Subtotal: \$0.00

Taxes: \$0.00

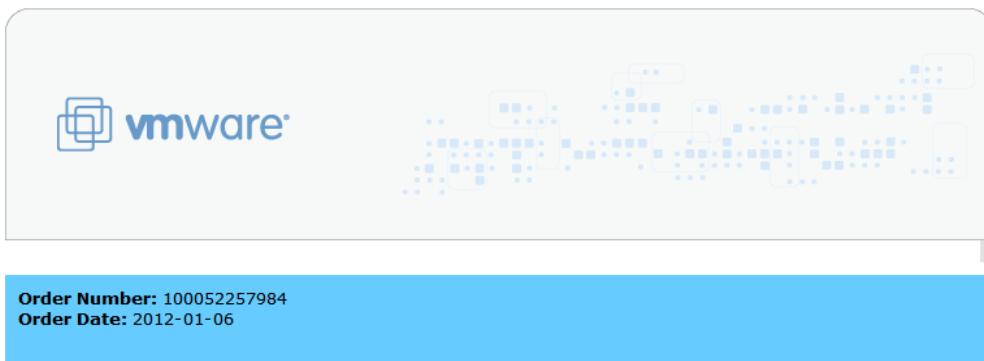
Total: \$0.00

SECTION 2: DOWNLOAD THE VMWARE SETUP PROGRAM.

Note: if you obtained the VMware setup program from your instructor, you can skip this section and proceed to section 3.

Please follow these steps in the sequence shown:

1. While in the **Receipt** window, click the **Start Download** button that is listed in the Items box. You should get a window that looks like the image below.



Order Number: 100052257984
Order Date: 2012-01-06



VMware Workstation 7 for Windows
24 **Extended Access Guarantee (24 months) - Included**
Expires 2014-01-05
Size: 571 MB [Download](#)

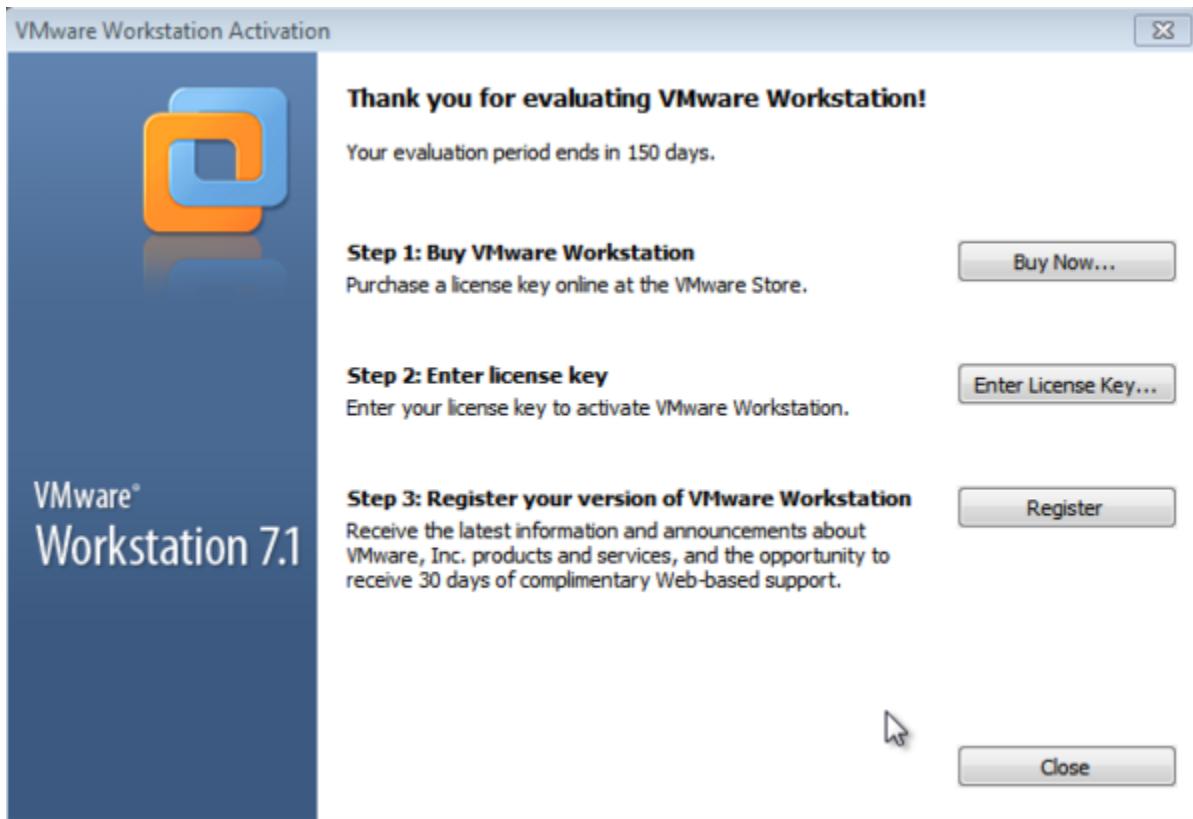
2. Click the [Download](#) link. You may have to confirm the download with your browser. You should eventually get the **File Download - Security Warning** window asking you to **Run, Save or Cancel**. Click **Save** and then save the setup program to either your Desktop or to a folder you created for this purpose.
3. After the download completes (4 minutes with high-speed Internet), keep your VMware receipt open for the next section.

SECTION 3: INSTALL THE VMWARE WORKSTATION USING THE VMWARE SETUP PROGRAM.

Please follow these steps in the sequence shown:

1. From your Windows Explorer, locate the downloaded VMware setup file and double-click it to open it.
2. If you are prompted to allow the program to be installed click **Yes**.
3. Click **Next** in the Welcome window.
4. Click **Typical** for the Setup Type.
5. Click **Next** to accept the default installation folder.
6. Click **Next** to accept the default for software updates.
7. Click **Next** to accept the default for the user experience program if you wish, otherwise uncheck the box in this window before continuing.
8. Click **Next** to accept the default shortcut options.
9. Click **Continue**.
10. If you are prompted for registration information, click the **Skip** button.
11. Allow your computer to be restarted.
12. After your computer restarts, locate the VMware Workstation program by double-clicking on the VMware Workstation shortcut icon on your desktop. If you do not see the shortcut, then locate the program by clicking on **Start**, selecting **All Programs**, then **VMware**, then **VMware Workstation**.

13. After it starts, agree to the license agreement.
14. When you receive the **Thank you for evaluating VMware Workstation!** prompt, click **Enter License Key...** to activate your VMware Workstation. See image below.



1. In the **Enter License Key** window, enter your serial number (or copy and paste it from the VMware download web site).
2. Click **OK**.
3. You do not need to click the Register button, just click **Close**.
4. You have successfully installed VMware Workstation. To use VMware Workstation, see the help document titled **How to install Windows 7 Professional using VMware Workstation**.
5. After the install is complete, you may Sign Out of the VMware registration web site (see the top-right of the screen). At any point in time you can reenter the VMware registration/download site by clicking on the link in your email and then signing in with your email address and the password you chose in section 1, step 3.

To view a portion of this process in video click on the image or link below:



<http://coursecontent.ntc.edu/CIT/husband/pois/lp0/VMWare70Install/VMWare70Install.html>